

## Art Photography Project

# Kindness is my pure instinct

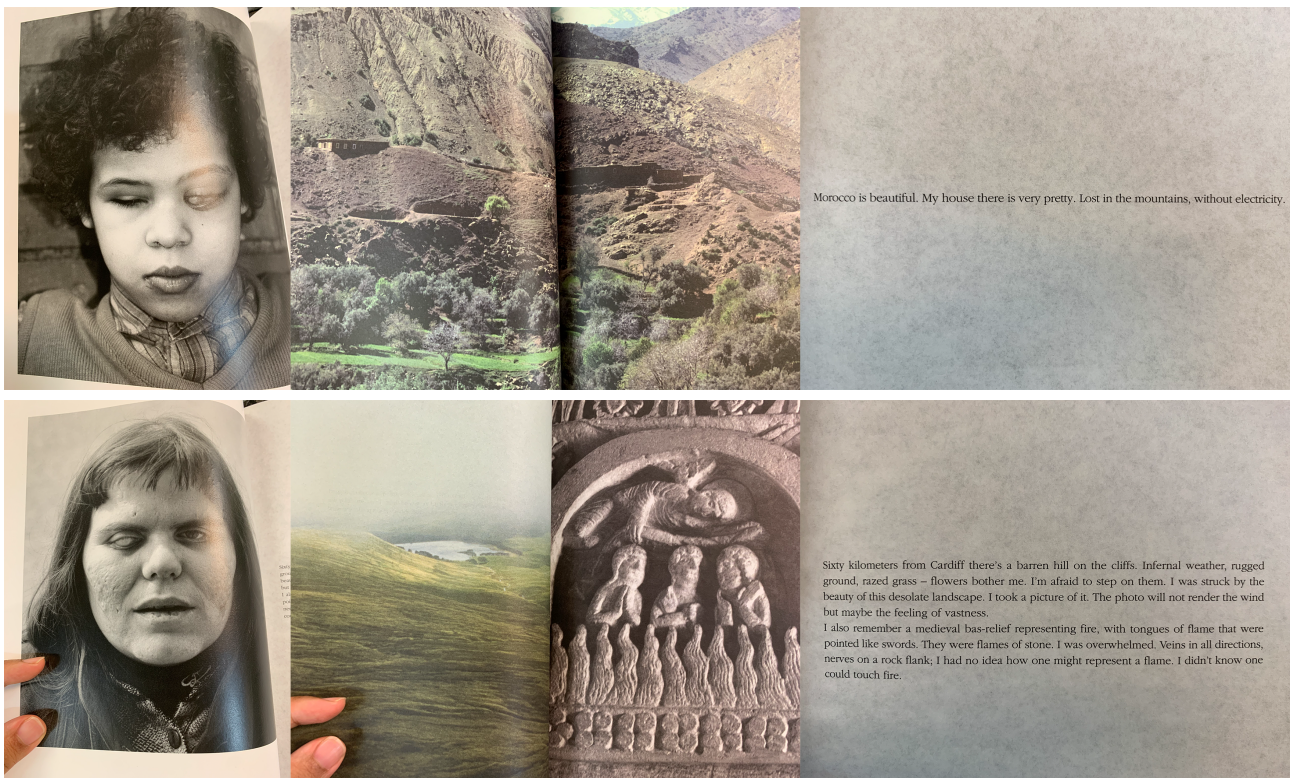
😊 Thank you for popping in !

I'm Kathleen, the creator and photographer of this project. This project welcomes everyone and anyone to join !

😊 Project Background

Many thanks to a friend who shared Sophie Calle's inspiring photobook "Blind" with me.

This photobook had interviewed a lot of visually impaired friends, presenting each of their perception of "beauty" through photos and writings.



★ What does “Kindness” mean to you ? ★

I hope to create a similar collection like “Blind” and collect “perceptions of Kindness” from my participants. The final product will include many people, all participants kind, different and unique in their own ways. The final product asks its readers:

“Just by looking at these photos,  
can you judge who is normal, who is abnormal?”

**Perhaps every one of us, as an individual life-being, has a life journey that is worth being listened to, and worth being understood.**

**Perhaps every one of us is much more normal than normal.**

We will only see the beauty of kindness, no unreasonable stereotypes.



**Contact me :** [www.godandtheoldsoul.com](http://www.godandtheoldsoul.com)

**I want to join this project !**

**Registration Link :**

**<https://forms.gle/M1UpnUBtFB7iqkk4A>**



# Photobook Details

3 items will be included for each participant.

- Item 1 : Your Selfie / Portrait Photo taken by me
- Item 2 : What Kindness Means to You (Photo taken by me)
- Item 3 : Your Story (Photo taken by me)



## **Item 1 : Your Selfie / Portrait Photo taken by me**

We invite participants to take a selfie, or get a portrait shot from me as a photographer, capturing the look that can represent himself/herself.

The purpose of choosing a selfie or a photographer shot is to empower participants to gain control of their own “self”, by opening a dialogue with themselves through photography in the shooting, and choosing the photo for himself/herself.



Manny The Selfie Cat  
(@yoremahm)







## 🌳 Item 2 : What Kindness Means to You

A photographer shot of what kindness means to you.



*Example - Kindness is helping the others to repair an air-conditioner.*



*Example - Kindness is not harming the others.*



### 🌳 Item 3 : Your Story

A photographer shot of a story that you would like to share.



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